

Refocusing Healthcare and the Alberta Recovery Model

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Overview

1. Alberta Recovery Model - Enhanced oversight for recovery and wellness promotion in mental health and addiction
2. Provincial health agency for mental health and addiction (Recovery Alberta)
3. Canadian Centre of Recovery Excellence (CoRE) to enhance system planning, research and innovation to improve public policy and delivery of services

**ALBERTA
RECOVERY
MODEL**

Alberta 

**With the right
care and support,
recovery is possible.**



Transforming Our System



We are giving Albertans facing mental health challenges or suffering from addiction an opportunity to pursue recovery.

In the Past



Barriers existed to access treatment such as cost or capacity. Mental illness or addiction were only managed without a focus on recovery.

Alberta's Way is Better



Albertans suffering from a mental health challenge or addiction shouldn't have to wait for help.

There is a more effective way.


A Continuum of Care



We're investing
in a continuum
of services to
meet the needs
of every Albertan.

Prevention
Intervention
Treatment
Recovery

The Alberta Recovery Model



This recovery-oriented approach is a monumental shift in how we support Albertans with mental health and addiction challenges.

Care whenever
and wherever
it is needed.

Empowering Recovery



This Model recognizes:

- Recovery is possible and will look different for every person
- Strong communities create opportunity for recovery
- Success in recovery = whole life improvement

Committed Leadership



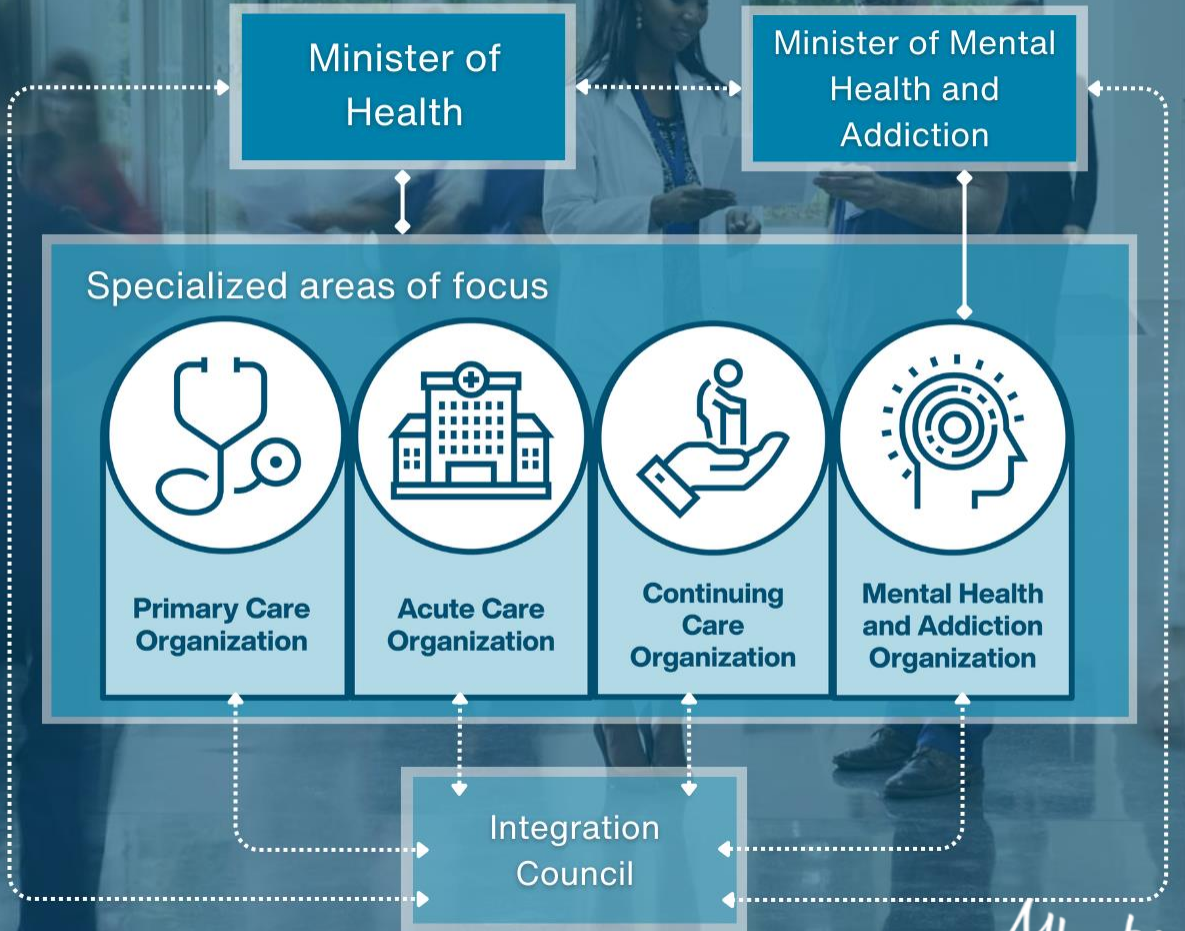
**Dedicated Minister
& Ministry - Alberta
Recovery Model is
a top priority**

**Recovery Alberta
- dedicated health
care agency**

**Canadian Centre of
Recovery Excellence
- researching and
developing evidence-
based policy**

Refocusing health care in Alberta

Alberta's Single Health Care System



Provincial Health Agency



Recovery Alberta

MENTAL HEALTH AND ADDICTION SERVICES



Scope of Recovery Alberta Services

- - Programs and services to support Albertans' addiction and mental health needs as currently delivered by Alberta Health Services, including:
 - Acute care, outpatient, virtual, detoxification, standalone psychiatric, and provincial correctional settings, along with community outreach and bed-based mental health and addiction treatment
 - Oversight of contracted addiction and mental health services
 - Healthcare services in provincial correctional settings

Service Settings & Resources

Recovery Alberta will be the largest provider of mental health & addiction services in Alberta, and one of numerous stakeholders in the planning and delivery of care provided in clinical and non-clinical settings.



AMH
Staff and
Physicians
10,500+



Contracted
Service Providers
300+



Beds
3,900+



Community
Clinics
131



Hospitals with AMH
Inpatient Programs
17



Stand-alone
Psychiatric Facilities
5

Patients & Clients

Albertans accessed mental health & addiction services through AHS in the following settings in the 2023 calendar year:



AHS AMH
Community Clinics
136,600+



Psychiatric
Facilities
4,100+



Virtual & In-person
Opioid Dependency
Program
10,700+



Bed-Based Detox &
Addiction
Treatment Services
9,700+



Emergency &
Urgent Care
51,700+



Hospitals
15,900+

Next Steps in our Transition

- Spring 2024 - Alberta's government will introduce legislation that will enable the creation of new provincial health agencies, one of which will be Recovery Alberta
- July 1 - Establish the corporate structure of Recovery Alberta
- September 1 - Recovery Alberta officially begins delivering mental health and addiction services

Building on evidence-based best practices



Main Functions



- **Research & Innovation**



- **Data & Analytics**



- **Expert Advice & Guidance**



- **Leadership & Collaboration**

Questions?



Future State Opportunity

By creating separate health organizations, an opportunity exists to enhance local decision-making and refocus organizational intent around patient outcomes

- A modern and cost-effective health system
- A seamless patient journey with the appropriate care at the appropriate time leading to better health outcomes
- A workforce that feels valued and are working in safe and healthy conditions
- A focus on health promotion, early detection and intervention, and self-managed care for patients
- Separate health organizations dedicated to domains of acute care, primary care, continuing care, mental health and addiction, and health system enabling services

Guiding Principles

- Improve patient outcomes
 - Refocus the health care system so Albertans have equitable access and can get the right care when and where they need it
- Support a seamless patient journey
 - Strong integration and collaboration across all organizations to support appropriate transitions of care and prevent silos
- Support the workforce
 - Prioritize the wellbeing and leverage the experience of health care workers
- Enhance frontline and local autonomy, where appropriate
 - Support local decision-making and regional advice
- Transparent communication
 - Communicate frequently and clearly about the refocus with a deliberate effort on change management
- Remain committed but flexible
 - Monitor and evaluate the progress of the refocus and support change when it might be required